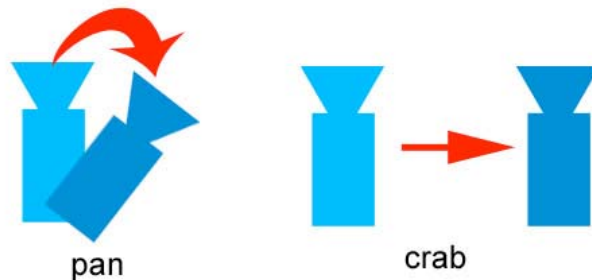


Camera Movements

And also there are terms for camera movements.

Pan – the camera swivels in a horizontal arc. Generally you will want to hold the camera still on the subject for a moment at either end.

Crab – The camera moves to the side. The difference between a pan and a crab is that in a pan the camera stays still and just points in an arc, while in a crab the camera and operator have to move to the side.



Tilt – the camera tilts up or down – like a vertical pan.

Crane – the camera moves up and down, as if on a crane (like a vertical crab)

Dolly – the camera moves in or out. The name comes from the “dolly” mounted on small train tracks that has been used since the silent film period to move a camera smoothly.

Tracking – a general term for a moving shot.

Here's the key to moving smoothly with the camera. Keep your **knees bent** and relaxed, and hold the camera away from your body to isolate it from your footsteps. Use a wideangle zoom setting wherever possible. But, when it's a still shot and you are not moving, hold the camera close in, with your elbows braced against your chest (and hold your breath).

